

Abstract of Disclosure

An internal combustion engine cylinder head camshaft bearing ladder 210, is provided which includes a first body with an aperture to facilitate threaded connection 202 of the body to a cylinder head 2 with a cut out 212 for receiving a cam shaft 67, the first body also having a pocket 218, and a solenoid actuator 220 positioned within the pocket 218 for activating a switchable rocker arm assembly 9

